



Dr. Aaron Lloyd
Dr. Jeffrey Wasserman
Phone: 972-572-6101

PROCEDURE APPOINTMENT AND PREOP INSTRUCTIONS

Patient Name: _____ DOB: _____

Procedure: _____

Date: _____ Check-In Time: _____ am / pm Procedure time: _____ am / pm

Location of Procedure:

 Ambulatory Surgical Institute of Dallas
17051 N. Dallas Parkway, Suite 100
Addison, TX 75001
469-916-0521
972-231-7095 fax

 Methodist Hospital for Surgery
17101 N. Dallas Parkway
Addison, TX 75001
469-248-3900
469-248-3963 fax

 North Central Surgical Center
9301 N. Central Expressway, Suite 260
Dallas, TX 75231
214-265-2810
214-265-2820 fax

(Arrive 2 hours before your procedure time)

 North Texas Surgical Center
7992 West Virginia
Dallas, TX 75237
972-283-2400
972-283-0099 fax

 Rockwall Surgery Center
825 W. Yellow Jacket Lane
Rockwall, TX 75087
972-772-6166
972-412-1702 fax

 Swiss Avenue Surgicenter
1190 N. Haskell Avenue
Dallas, TX 75204
214-821-2001
214-821-2047 fax

(Register online at www.rockwallsurgery.com)

PRE-OP INSTRUCTIONS: PLEASE READ THESE INSTRUCTIONS CAREFULLY

 X_ Arrive **1 HOUR BEFORE** the time your procedure is scheduled unless otherwise indicated by the facility.

 X_ NPO (Nothing to eat or drink) after midnight. ****Including no chewing tobacco, gum, mints, etc.****
If your procedure is scheduled after 12 noon, you may have clear liquids, includes water, Sprite, Gatorade, 7up, and coffee without sugar, cream or milk, six hours before your procedure, then nothing by mouth until after your procedure. **NO DAIRY PRODUCTS**

 X_ You must have someone drive you home after the procedure. **A TAXI OR BUS IS NOT ACCEPTABLE. YOUR DRIVER CANNOT LEAVE THE FACILITY DURING YOUR STAY. IF THEY DO, YOUR PROCEDURE MAY BE DELAYED OR RESCHEDULED.**

 X_ If you are taking Aspirin, Ibuprofen, Anti-Inflammatories, Herbal supplements, Fish oil, Vitamin E, Ginger, Garlic or anything in these categories, you need to stop taking these 5-7 days before your procedure.

 X_ If you are taking Plavix, Coumadin, Warfarin, Eliquis, Xarelto or any other prescription blood thinners, you will need to stop these medications prior to your procedure. Depending on your medication, you will need to be off of it for up to 7 days prior to your procedure. You must obtain approval/clearance from your prescribing physician prior to stopping these medications. Our office will inform you how many days you need to stop taking the medication once you get scheduled. ****DO NOT STOP ANY MEDICATIONS UNTIL TOLD TO DO SO.**

 X_ If you are diabetic and take oral diabetic medication, please do not take the medication the morning of your procedure. If you take insulin, please inform your doctor for further instructions. Please check your blood sugar the morning of your procedure and report the finding to your doctor.

 X_ If you are taking heart medicine, blood pressure medicine, or pain medicine, you may take these with sips of water the morning of your procedure.

 X_ Please shower the night before your procedure and the day of your procedure to prevent infections.

****IF YOU CANNOT MAKE YOUR APPOINTMENT, PLEASE CALL THE OFFICE 24 HOURS PRIOR TO YOUR APPOINTMENT TO CANCEL OR YOU WILL BE CHARGED A NO SHOW/SAME DAY CANCELLATION FEE OF \$100.00****